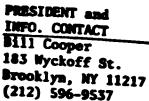
December 1979

New York



Cycle Club 3ac



V.P. - PROGRAMS

Lorraine Gewirts 406 East 64 St. Hew York, NY 10021 832-9073

V.P. . RIDES

hi Flowers 111-50 76 R. #4L Porest Hills, NY 11375 544-9168

Coordinators

A - Cary Rrysnowek
TY 3-5984
B - John Lorens
833-2223

C - Tony Moreno 278-7057

TREASURER

Leona Hollander 235 East 87th St. Hew York, H.Y. 10028 (212) 427-8460

BULLETIN EDITOR

Charlotte Mildebrandt 76 Reasen St. Brooklyn, NY 11201 875-2965

SECRETARY

Chris Mailing 324 Mast 82 St. New York, NY 10028 879-6199

CIRCULATION MGR. Mel Shleifer

MEMBERS AT LARGE

Cary Krysnowek Mill Enight Jim Bax



Come to our

Gala Holiday Party Tues. - Dec. 18th

at Rinaldo's

6:00 P.M.

Hot and Cold Buffet Hot and Cold Bev.

Live Entertain ment Rinaldo's Restaurant 32 E. 32 St. (bet. Park > Mad.)



Rides for The Month



NO RIDE IS TOO SMALL OR TOO LARGE IF THERE IS A LEADER FOR IT.

Everyone is a potential ride leader. Mail your ride information to the ride coordinators.

A Rides to: Gary Krzynowek, 1460 Bronx River Road, Bronx, N.Y. 01472. B Rides to: John Lorenz, 459-100 St., Brooklyn, N.Y. 11224.

C.Rides to: Tony Morano, 31-04 32nd Street, Astoria, N.Y. 11106

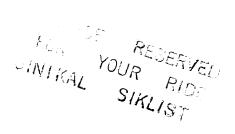
Your rides must be handed in to the V.P. Rides no later than at the monthly meeting.

SURRY, FOLKS, NO RIDES THIS MONTH, BUT LOOK TO THE FUTURE***********************

REGULAR RIDES

CENTRAL PARK		& Sun. from Boathouse*
BEDFORD VILLAGE WHITE PLAINS	10:00 A.M. 9:15 A.M. Sat.	Sun. from Firehouse. from Milkmaid Diner: at
LONG ISLAND		Rosedale & Marmaronack.
EASTERN LONG ISLAND		& Sun. from I.U. Willets School Pkg. lot: I.U. Willets & Gna.Wds.
(Bridgehampton)	10:00 A.M.	Sun. from Soporific Bike Shop, Montauk Hwy. (Rte. 27)

*The Boathouse is located on the East Drive of Central Park about 3 blocks north of the Fifth Ave. and 72nd St. entrance.





NEW YORK CYCLE CLUB

1980 A LEVEL TRAINING RIDES SCHEDULE

	TOOM A LEVEL TRAINING WIDES OCHEDULE
Sunday Mar. 2	NUMBER 1: Meet 10:00 am, 40 miles. To Oradell Reservoir in New Jersey and return; Food stop in Demarest, N.J.; approx. 12 mph; Alternate pick up "A".
Sunday Mar. 9	NUMBER 2: Meet 10:00 am, 52 miles. To Orangeburg, N.Y. and Montvale, N.J.; Food stop in Montvale; approx. 12 mph; Alternate pick up "A".
Saturday Mar. 15	NUMBER 3: Meet 9:00 am, 40 miles. To Oradell Reservoir in New Jersey and return; Food stop in Demarest, N.J.; approx. 13 mph; Alternate pick up "A".
Sunday Mar. 16	NUMBER 4: Meet 9:00 am, 65 miles. To Mamaroneck, White Plains, Chappaqua, and Tarrytown; Food stops in White Plains and Tarrytown; approx. 12-13 mph; Alternate pick up "C".
Saturday Mar. 22	NUMBER 5: Meet 9:00 am, 65 miles. To West Nyack, Germonds, and Spring Valley, N.Y.; Food stops in Tappan and Montvale; approx. 13-14 mph; Alternate pick up "A".
Sunday Mar. 23	NUMBER 6: Meet 9:00 am, 75 miles. To Tarrytown, Whitehall Corners, Mt. Kisco, and Pocantico Hills; Food stops in Tarrytown, Whitehall Corners, and Chappaqua; approx. 13 mph; Alternate pick up "B".
Saturday Mar. 29	NUMBER 7: Meet 8:00 am, 65 miles. To Mamaroneck, White Plains, Chappaqua, and Tarrytown; Food stop in Chappaqua; approx. 14-15 mph; Alternate pick up "C".
Sunday Mar. 30	NUMBER 8: Meet 8:00 am, 90 miles. To Tarrytown, Kitchawan, Goldens Bridge, Mt. Kisco, and Pocantico Hills; Food stops in Tarrytown, Whitehall Corners, and Mt. Kisco; approx. 14 mph; Alternate pick up "B".
Saturday Apr. 5	NUMBER 9: Meet 8:00 am, 65 miles. To West Nyack, Germonds, and Spring Valley, N.Y.; Food stop in West Nyack; approx. 15 mph; Alternate pick up "A".
Sunday Apr. 6	NUMBER 10: Meet 8:00 am, 110 miles. To Tarrytown, Kitchawan, Somers, Ridgefield, and Mt. Kisco; Food stops in Campwoods, Ridgefield, and Tarrytown; approx 14 mph; Alt. pick up "B".
Saturday Apr. 12 Of allo You Live Don Line Don Line Jose Mark	NUMBER 11: Meet 7:30 am, 65 miles. To Mamaroneck, White Plains, Chappaqua, Pocantico Hills, and Tarrytown; Food stop in Chappaqua; approx. 15-16 mph; Alternate pick up "C". The frequency of the frequency of the product of the prod
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1980 A LEVEL TRAINING RIDES SCHEDULE (Cont'd)

All rides will start at the Central Park Boathouse, with the following alternate pick up points: (see write up for appropriate pick up point)

- A: George Washington Bridge south walk ramp; Meet 30 minutes after scheduled departure time (deduct 13 miles).
- B: The Broadway Bridge (over the Harlem River); Meet 40 minutes after scheduled departure time (deduct 20 miles).
- C: Fordham Rd. at Grand Concourse; Meet 40 minutes after scheduled departure time (deduct 21 miles).

Be prepared to ride at the indicated pace (in order to keep the group together). Maps will be available. Rides may be delayed or cancelled due to cold (below 30 degrees F.) or rainy weather.

Call Chris Mailing at 879-6199 for further information or 45 minutes prior to scheduled departure time if the weather is doubtful or changing.

4TH QUARTERLY RIDE RESULTS OF 1979 (1 Aug - 30 Oct)

<u> </u>	SUBTOTALS	E C	B	<u>A</u>
CANCELLED LEADERS TRIPS " MILAGE RIDERS " MILAGE	21 12 27 2036 225	6 3 4 90 82 1930	10 2 10 522 47 2730	5 7 13 1424 96 42367

DIDE DE	SULTS (CURRENT)	TRIP MILES	RIDERS	CLUB'S MILAGE
	N.J. LADP	50 / 2:52	HR 2	50
	SATURBAY MORMING QUICKIE	(50)	CANCELLED	0
	WESTCHESTER RESERVOIR	90	11	8 40
	BICYLE HALL OF FAME	10	No REPORT	?
	THE TWO/TWO	45	3	75
	CLUB RIDES	(25,50, 100)	. RAINED OUT	0
	Five E. River Bringes	30	15	450
" 18	WESTCHESTER HILL CLIMBER	75	16	1,105

RIDE PREVIEWS OF THE 1980 SEASON ARE IN DEVELOPING STAGES WITH THE REPEATS OF ANNUAL CLASTICS, EARLY SPRING CONDITIONING "A" & "B" RIDE SERIES WITH SOME "C"-S.

IT TOOK YEARS FOR OUR CLUB TO TAKE UP MY SUGGESTION AND PUT INTO EFFECT THAT RIBERS SHOULD LIST THEMSELVES WITH THE LEADERS BEFORE THE EVENTS, SO HE CAN CALL YOUR FOLKS IN GASE OF ACCIDENT. ON ONE WEEKEND TRIP YEARS AGO GARRY KRYZNOWEK WAS PUT ON THE TRAIN AFTER AN ACCIDENT BY LEADER STEVE BAUMAN AS EVERYONE RODE AHEAD. STEVE GOT HIT BY A CAR ALONE LEAVING THE STATION, BREAKING 3 RIBS. IT STANDS TO REASON THE LEADER SHOULD PUT HIS NAME ON THE LIST FIRST. FURTHERMORE I SUGGEST A NEW YEAR RESOLUTION FOR FUTURE LEADERS TO GET TRAINED AT LEAST IN BASIC FIRST AID. YOU MAY BE TOO MANY MILES FROM A PHONE WHEN YOU NEED ONE. YOUR LOCAL RED CROSS CHAPTER WILL GIVE YOU ALL THE NECESSARY INFORMATION WHERE AND HOW TO START. ALL AYH LEADERS AND YOURS TRULY HAVE ALREADY DONE SO. LETS HOPE THIS IDEA WILL NOT TAKE YEARS TO CATCH ON ALSO.....

Program Notes

Lorraine Gewirtz

For the past year we've had a variety of programs from the bike safety trilogy with Myrna Myers' "Effective Cycling", Frank Hynes and the AAA's "Only One Road" and Debbie Hutchinson's "First Aid for Cyclists" to -- bicycle touring in Holland with Frank Behrendt and -- cycling in Cuba with Elliot Winick. Our own Bob Herzfelder (now Florida's own) treated us to slide presentations of GEAR through the years and a nostalgic 19-year backward glance at NYCC. For our technocrats we had "Frame Building" with Mike Frayssee and Dave Moulton and -- "Wheels" with Francis Bollag. All our talents blossomed at our Auction and at our Sharing program -- where we did just that with our own bicycle innovations and inventions. Our surprise guests -- the 1979 Pepsicola Marathon winner Henry Gifford and our logo artist, Gene Reynolds, added to the pleasure of the evening.

Sincere thanks and appreciation to our knowledgeable, talented and giving-guests from whem we enjoyed learning. Much appreciation to all of our regular members who share valuable bike know-how with us all the time. Thanks also to all of you for your program suggestions and kind comments.

We've enjoyed our expert guests and each other throughout the year but, now comes the piece de resistance ... a Bike Bash Extravaganza like you've never experienced. For, on December 18th WE'RE HAVING A PARTY! And to whet your appetite we'll list just a few of our talents of the evening ... the (in)famous "Hungarian Harmonicat", "Vocalizing by Ethel" (if we can provide proper accompaniment), a bit of "Flouting with the Flowers" and J.R.'s original "Briking Away". So, do join us and partake of a party that you have to see, hear and experience to believe!

Robert K. Herzfelder 245 Mest 108th Start Man = 2/0 de 22/4 = 2/4 = 20005

R. HERZFELDER CENTURY VILLAGE WEST CORNWALL E-1096 BOCA RATON, FL. 33434

Allena + 222553 -

November 10, 1979

To the members of the New York Cycle Club

Dear Friends:

The other day I received a letter which I thought would be of interest to the older members who enjoyed the many weekends at Pakatakan Lodge in the 1960's and 1970's before we switched over to the Tennanah Lake Shore Lodge. The letter was from Laura Beland announcing that Frank, her husband had passed away on August 22nd. I had visited Frank and Laura only several weeks before while I was vacationing in the area. Frank had been quite ill a year or so before, but appeared fully recovered and in good spirits.

The old timers may recall Frank's stories and good humor at the bar during the evenings at the old lodge; and I know many of us will miss him. If any one is so inclined to drop Laura a note the address is as follows:

> Mrs. Laura Beland Pakatakan Lodge , Box 174 Arkville, N.Y. 12406.

Janet and I have been very busy getting our condominium set up, so that we have not had very much time to indulge in extra-curricula activities. I have managed to get in a few very short spins on the bicycle mostly for errands; and today I went in for my first swim. The apartment is pretty well set now, so that we will have more time to enjoy the weather and the activities here.

We received the information concerning the Paul Dudley White Wheelmen's Winter Rendezvous in Homestead, Florida. It will run from Saturday, March 1st until Friday, March 7th. If anyone is thinking of attending this very delightful week of winter cycling in summer climate they may obtain their information and application forms by writing as follows:

Wheelmen's Winter Rendezvous 678 NW 9th Street

Homestead, Florida, 33030. Hopefully, we will see some of you down there.

Happy Cycling,

Land wer But her per

MY ROBIN HOOD STYLE OF HIT AND RUN PUNCHLINE TACTIC USE OF THE ENGLISH LANGUAGE OVER THE YEARS GAVE THE ESTABLISHED CULTURE VULTURES OF DUR CLUB PLENTY TO THRIVE ON.

I BEEN CITED WITH SEVERAL OFFENSES COMMITTED AGAINST GRAMMAR BY THEM, AS IF WE HAD A COPS AND ROBBERS RELATIONSHIP. I'M TRYING TO GET AWAY WITH IT, ONLY TO SEE THEM HAPPY CATCHING ME IN THE AGT. THIS PREOCCUPATION STEM FROM THE FACT THAT CRIME IS THE FASTEST GROWING INDUSTRY OF OUR DECADENT DECADE.

ANALOGY OR NOT, EVEN IF ALL CRIMES WERE SOLVED, LAWENFORCEMENT AND LEGAL PROFESSIONS WOULD EXPERIENCE HIGH UNEMPLOYEMENT CRISIS. JUST AS IF PEOPLE NEVER GOT SICK, WOULD MAKE LITTLE SENSE TRYING TO CURE THEM FROM HEALTH. IN THE ULTIMATE SENSE I PROVIDE MY CRITICS WITH SOME SERVICE, OR THEY WOULD HAVE NOTHING ELSE TO BO BY THEMJELVES.

ONE COMPLAIN I HEARD PERTAINS TO MY LACK OF COMMA, BUT THAT'S O'RIGHT WITH PEOPLE WHO DON'T TEND TO BE COMMADSE. ANOTHER REQUEST WAS FOR MORE COLON USE, BUT I SUSPECT IT TO BE A COLONIZING TENDENCY TO TAKE IT AT FACE VALUE. SOME EVEN SUGGESTED THAT I CAN'T HANDLE SEMI COLONS, BUT THAT'S FALSE TOO. I ADMIT MY FREE LANCE METHOD APPLIED DIFFERENTLLY FROM THE ORDINARY: JUST BY GUT BUSTING UP THE HILL IN 80-70" GEARS REGARDLESS OF BLUE TOENAILS, USUALLY LOOKING BACK FROM THE TOP I CAN SEE ONE GUY OR ANOTHER STRUGGLING ONLY HALF WAY UP YET, A SURE SIGN OF SUFFERING FROM "SEMI COLON" FOR HIS GET ENLY HALF THE GUTS. SO ONCE AGEN IT'S REALLY NOT MY PROBLEM.

I CAN'T BENY MY PUNCTUATION PROBLEMS HAVE BEEN REAL. ON CENTURY RIDES I HAD 2 OR 3 ALMOST ON A REGULAR DAILY BASIS, UNTILL I WENT BACK TO USING CLINCHER TIMES. NOT THAT TUBULARS ARE LESS BURBLE THAN THEY USED TO BE; BUT IT'S EVER INCREASING PRICE ALONG WITH THE POT HOLES AND DIRTIER ROADS YEAR AFTER YEAR, MAKES IT A THING OF THE PAST FOR PRACTICAL PURPOSES, AND LUXURY ITEMS FOR OTHERS.

Talking about Pot Holes. Our mayor who reminds me of a guy who took bandruff treatment from a scalphunter, in this year of Hilariously so called continuous budget cuts got himself a wage increase to boost his salary over \$46,000 / yr. New turns around to make sure the money will be there to make the payroll; in his infinite wisdom have instituted a new policy regarding municipal liability, resulting from accidents caused by pot holes. You are required to give 15 days abvanced notice by mail to allow time for road repairs. At wich point catch 22 takes effect, for if you cant sue them when the problem exist what grounds will you have after it's eliminated. And if they still havn't fixe it, they blame the post office. Judging from our bulletin belivery rate you know what that means.

FOR ALL PRACTICAL PURPOSES NOW YOU'LL HAVE TO LIMIT YOURSELF TO BIG HOLES THAT WILL REQUIRE TWO WEEKS TIME TO CLIMB OUT OF, IN ORDER FOR YOUR MAIL TO ALLOW YOUR CLAIM TO MATURE INTO VALIDITY. I GET THE IMPRESSION SOME PEOPLE CHOSE POLITICS AS A CARRIER AFTER THEY WERE REJECTED FROM THE GONG SHOW. IF THEIR SAVVY IS ALLOWED TO CONTINUE; I CAN FORSEE BUDGET CUTS BY YEAR 2000 IN THE DISABLED PENSION SYSTEM, WHERE THE BENEFITS OFF-ERED WILL BE REDUCED TO BEING SHOT DEAD, FOR NOT GETTING KILLED IN THE FIRST PLACE.

So much for political and economical solutions. If it keeps up, you can save your worn out quality components as collectors items, because soon nobsby will be able to afford them. Obviously the next thing you can expect they'll be discontinued, and that's where you come in.

TOTAL PROPERTY



NEW YORK CYCLE CLUB, Inc. c/o Mel Shleifer P.O. Box 1081 Mt. Vernon, N.Y.

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Chris Mailing 324 E. 82 St., 30 New Y rk. N.Y. 10028